

Tell me more about

THE SCIENCE AND TECHNIQUES OF SPORT

- I'm interested in life science (biology, anatomy, physiology, etc.).
- I'm interested in the humanities (psychology, sociology, educational science, sports history, etc.).
- I have an interest in sport and I regularly practice a physical activity or sport.
- I am capable of performing intense and varied physical activities, including water sports.
- Candidates should preferably have a background in science.

Most of the professions listed require master's level qualifications, but some of them can be accessed after 2 or 3 years' higher education.

To find out more about the career opportunities available to graduates, consult the list of professions compiled by ODIF (Observatoire de la Direction des Formations), part of the University of Lille.

<https://odif.univ-lille.fr/>

WHICH PROFESSIONS?

ADAPTED PHYSICAL EDUCATION AND HEALTH

- Specialised physical therapist
- Sports therapist
- Early childhood physical therapist
- Specialist in physical therapy as preventative care

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EDUCATION AND MOTOR SKILLS

- University lecturer
- Physical education teacher in France or overseas
- Primary school teacher
- Educational counsellor
- PE teaching adviser in primary school
- Sports instructor
- Regional PE instructor
- Coordinator of PE-based educational programmes
- PE specialist
- Prepare for state examinations for security professions: firefighter, police officer, etc.

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SPORTS TRAINING

- Technical director
- Sports director
- General manager
- Coach
- Physical therapist
- Psychological therapist
- Sports instructor
- Regional instructor or adviser
- Personal coach (self-employed)

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SPORTS MANAGEMENT

- Sports association development agent
- Sports equipment manager
- Sports equipment vendor (in-store/sales rep)
- Head of communication
- Manager of a sports & leisure organisation
- Project manager (e.g. events)
- Marketing or sales assistant
- Stock manager (or assistant)

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UNIVERSITY OF LILLE

Tell me more about

THE SCIENCE AND TECHNIQUES OF SPORT

POST-SECONDARY COURSES AVAILABLE AT THE UNIVERSITY OF LILLE

PROFESSIONAL TRAINING IN 2 YEARS

Theory combined with apprenticeships in the field. Selective admission.

DEUST **SUPERVISING AND CONDUCTING PHYSICAL, SPORTS OR CULTURAL ACTIVITIES** **B** **△** ALSO AVAILABLE AS PARALLEL EMPLOYEE/STUDENT PROGRAMME

This course allows students to familiarise themselves with the specific features of childhood learning, the many forms of physical activities adapted to different kinds of practitioners, and the various sports policies found in different institutions. The objective is to prepare them to supervise and conduct such activities or play a management role in relevant facilities.

3-YEAR BACHELOR'S DEGREES

Theoretical grounding to prepare for further study up to master's level and/or civil service examinations.

DEGREE **SCIENCE AND TECHNIQUES OF PHYSICAL ACTIVITY AND SPORT (STAPS)** OPTION **REGULAR** **B** **△**

The **STAPS** degree is divided into 6 semesters. The first two years involve shared coursework with other programmes and introduce students to the relevant professions in the sector, allowing them to determine their career ambitions.

Beginning in semester 5, students choose one of four options:

- Adapted physical education and health
- Education and motor skills
- Sports training
- Sports management

DEGREE **STAPS** OPTION **TAILORED** **B** **△**

Programme divided into 8 semesters (4 years instead of 3). The first two years are particularly important to reinforce the methodological skills students need for university studies (note-taking, reading files, revision files, writing, summarisation), thus improving their chances of success. The 2nd and 3rd years are identical to the "regular" STAPS programme.

DEGREE **STAPS** OPTION **ESJ LILLE** **B** **△** **[UNIQUE IN FRANCE]** SELECTIVE ADMISSION

Course enabling students to take bachelor's modules at the University as well as classes at the École Supérieure de Journalisme in Lille (ESJ Lille) with a view to preparing for the entrance examinations at schools of journalism.

DEGREE **STAPS** PARCOURS **PHYSIOTHERAPY PREPARATORY STUDIES** **B** **△**

See "Tell me more about preparing for admission to a massage & physiotherapy training institute"

AFTER 2 YEARS OF HIGHER EDUCATION

Whatever your background, you have the option of completing professional training. This course lasts one year and allows you to specialise, obtain a dual qualification or enter the job market after 3 years in higher education. This professional diploma is designed to lead immediately to employment.

AFTER A BACHELOR'S DEGREE

You can continue your studies to master's level (5 years in higher education) in fields such as physical education and sport or teaching and research.

You can also sit the entrance examinations for specialist schools (e.g. journalism).

The information here is valid for the reference year 2018-2019. The academic programmes at ULille are subject to change in September 2020

More info: consult the catalogue of courses at <https://www.univ-lille.fr/formations> or contact SUAIO

△ **PARCOURSUP**

Find out about the requirements and terms of access for each course at: www.parcoursup.fr

Main campuses:

- A** Campus Cité scientifique (V. D'Ascq)
- B** Campus Moulins-Ronchin
- C** Campus Pont-de-Bois (V. D'Ascq)
- D** Campus Roubaix-Tourcoing
- E** Campus Santé (Lille ; Loos)